



## **Building a Brighter Future for the National Capital Region Community: An Update on the Y facility on Argyle Avenue**

FOR IMMEDIATE RELEASE  
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**Ottawa, ON** – Today, the YMCA-YWCA (The Y) of the National Capital Region has announced that the flagship building located at 180 Argyle Avenue in Ottawa will be listed for sale; as part of a plan to transition to a new facility that better supports the Y’s vital community programs, services, and future needs.

For 155 years, the Y has been an essential partner in building a healthier and more compassionate community, positively impacting thousands of lives throughout the National Capital Region.

“Built in 1969, this building has come to the end of its life cycle and can no longer meet the needs of our community without significant infrastructure upgrades at the cost of \$38 million,” said Bob Gallagher, President and CEO of the YMCA-YWCA of the National Capital Region. “With this in mind and as we plan for the future, the Y’s Board of Directors has made the decision to list for sale our property located at 180 Argyle Avenue in Ottawa.”

The sale process is expected to take up to two years. During this time, the Y will be working alongside their government partners and generous donors to identify a new and modern home better designed to meet the needs of its residents, clients, and the community at large.

“The YMCA-YWCA of the National Capital Region has proudly been an essential partner in building a healthy, compassionate community for more than 155 years. A new, modern facility will ensure that we can continue to play that vital role well into the future,” said Susannah Crabtree, Chair of the Y’s Board of Directors. “Over the next two years, staff and volunteers will continue to provide the critical services that support the health and well-being of our community, while ensuring the least amount of disruption to our clients and community we serve, especially for those who call this Y facility their home.”

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### **About the YMCA-YWCA of the National Capital Region**

The YMCA-YWCA of the National Capital Region is at the center of our community, helping people of all backgrounds, ages, and abilities to live engaging, more rewarding lives. A charity dedicated to the health of individuals, families and communities, the Y is accessible to all, serving more than 90,000 people in our region each year.

Our programs and services address significant social and health issues with initiatives tailored to local community needs. We work to build healthy communities and advocate for children, teens, and young adults, helping all to reach their potential and realize their goals.

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