



## YMCA OF THE NATIONAL CAPITAL REGION ANNOUNCES APPOINTMENT OF NEW CEO

**OTTAWA, October 19, 2023** – The Board of Directors of the YMCA of National Capital Region is pleased to announce the appointment of Trevor McAlmont as its new President and Chief Executive Officer. Trevor assumes responsibility on December 4, 2023 and succeeds Bob Gallagher, who is retiring after a 50-year career with the YMCA.

Trevor brings over 25 years of experience in education, community, and social services at both the provincial and municipal levels of government to the Y. He has held leadership roles in government, education, social services, and mental health sectors.

In his current position, Trevor serves as Chief Executive Officer of Macaulay Centres for Children, a Toronto based multi-service organization that fosters the healthy development of children. He drives the mission, vision, and operations of the organization, overseeing vital services that impact over 6,000 children and 7,000 parents each year.

“The Y’s Board of Directors is thrilled to welcome Trevor as our new President and CEO,” says Anne Butler, Board Chair, YMCA of the National Capital Region. “Trevor’s comprehensive experience in municipal, provincial and not-for-profit sectors positions him as the right leader for the YMCA National Capital Region. He will guide our organization’s transition to delivering critical community services with a new, modern approach.”

A registered charity, the YMCA of the National Capital Region has a positive impact on Ottawa’s most urgent social issues – unemployment, homelessness, child and youth wellness, and supporting newcomers. In his new role as President and CEO, Trevor will lead the organization in providing these essential programs and services to more than 60,000 people throughout the region.

"Supporting the health and wellbeing of individuals and families is what community is all about, especially during times of change," says Trevor McAlmont. "This is also the brand and reputation of the YMCA and I am excited to work in partnership with the Board, our strong staff teams, volunteers, and community members to carry the Y mission forward."

### **About the YMCA of the National Capital Region:**

Founded in 1867, the YMCA of the National Capital Region is a registered charity dedicated to building healthy communities. The organization is committed to nurturing the potential of children, teens and young adults, promoting healthy living and supporting vulnerable people within the community. The Y serves thousands of people across the Ottawa region each year. A focus on inclusiveness and accessibility means people of all ages, backgrounds and abilities are served through all stages of life. To learn more visit [ymcaottawa.ca](http://ymcaottawa.ca).

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